

Prayer List

We offer our prayers for all of our shut-ins who are unable to attend church services. Also offer your prayers for those in need, especially – Helen Baburchak, Jessica Barton, Lydia Boras, David Boras, Laura Chapin, Elaine Costello, Marilee Driggs, Paul and Eleanore Farbanish, Liz (Farbanish) Quackenbush, Anthony Gallis, Justin Garcia, Kathy Gregory; Stella Holowatch, Daniel Karlgut, John Koch, Nina Koch, Nancy Kulikowski, Alicia Laskowski, George Murphy, Alexander Newsom, Janeel Rahman, Sheila Ransom, Mohamed Rawoof, Jane Rawoof, Joni Mitchell, Rachelle Vitale, Valentina Yelangy, Velma Fotorny, Victoria and Michael, & all of our parishioners who are ill. To add or remove names from the prayer list in the bulletin, please let Fr. Alexey or Fr. Timm know.

Upcoming events

ARCHBISHOP MICHAEL VISIT – FRIDAY, March 27th for Presanctified Liturgy at 6 pm. A Lenten Meal will follow the Presanctified Liturgy. Everyone is invited and encouraged to attend!

ON FASTING BY ST. JOHN CHRYSOSTOM

Fasting is a medicine. But like all medicines, though it be very profitable to the person who knows how to use it, it frequently becomes useless (and even harmful) in the hands of him who is unskilled in its use.

Do you fast? Give proof of it by your works. By what kind of works? If you see a poor man, take pity on him. If you see an enemy, be reconciled with him. If you see a friend gaining honor, do not be jealous of him. If you see a beautiful countenance, pass it by. And let not only the mouth fast, but also the eye and the ear and the feel and the hands and all members of your bodies.

Let the hands fast by being pure from plundering and avarice. Let the feet fast by ceasing from running to unlawful spectacles. Let the eyes fast, being taught never to fix themselves with strange beauties ...

Do you not eat meat? Feed not upon lasciviousness by means of your eyes! Let the ear fast also. The fasting of the ear consists in refusing to receive evil speakings and calumnies.

Let the mouth fast also from disgraceful speeches and railings. For what does it profit if we abstain from fish and fowl and yet bite and devour the brothers and sisters? The evil speaker eats the flesh of his brothers and bites the body of his neighbor. Because of this Paul utters the fearful saying, 'If you bite and devour one another take heed that you are not consumed by one another' (GAL. 5:15).

You have not fixed your teeth in his flesh, but you have fixed your slander in his soul and inflicted the wound of evil suspicion, and you have harmed in a thousand ways yourself and him and many others, for in slandering your neighbor you have made him who listens to the slander worse, for should he be a wicked person, he becomes more careless when he finds a partner in his wickedness. And should he be a just person, he is tempted to arrogance and gets puffed up, being led on by the sin of others to imagining great things concerning himself. Besides this, you have struck at the common welfare of the Church herself, for all those who hear you will not only accuse the supposed sinner, but the entire Christian community....

PIEROGI WORKSHOPS - We are starting our workshops this month in preparation for the Easter Bake Sale. The workshops will be held on Tuesdays – March 3, 10, 17 and 24. Other dates will be added as needed. Potato scoopers start at 4:00 pm. Pinchers start at 4:30 pm. We usually are out by 7:00-7:30 pm, depending on cleanup. Please contact Sue Watson @ 607-725-2727 or Marie/Dave Williams @ 607-754-8995 with any questions or to sign up.



to all our visitors and guests who participate in our celebration of the Divine Liturgy! While Holy Communion may only be received by prepared Orthodox Christians, our non-Orthodox guests are welcome to join in venerating the Cross & receiving blessed bread at the conclusion of the Divine Liturgy. We invite all of our guests to join us for our Fellowship Hour & to visit our bookstore.

For bulletin inputs, contact Fr. Alexey, Fr. Timm or e-mail us at sspeterandpauloffice@gmail.com

Visit us at our website: sppeny.org